



CLUB RESTAURANT LUNCH MENU

STARTERS AND LIGHT BITES

Mixed Olives (Ve, GF)	4
Bread, Olive Oil, Balsamic Vinegar (Ve, DF)	4.5
½ Pint Shell-on Prawns (DF, GF) <i>granary bread, butter</i>	5
Soup of the Day (V, GFA) <i>warm granary bread</i>	7.5

Fish Platter (DF, GFA) <i>shell on prawns, blanch bait, pickled cockles, smoked mackerel, smoked salmon, granary bread, salad</i>	15
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Smoked Salmon (DF, GFA) <i>fennel jam, dill mayonnaise, rocket, toasted focaccia</i>	11
Parma Ham & Blue Cheese Salad (GF) <i>walnuts, croutons, apple, mustard vinaigrette</i>	10
Prawn & Crayfish Cocktail (DF, GFA) <i>baby gem, bloody mary dressing, granary bread</i>	11
Breaded Feta Cheese (V) <i>Beetroot salad, crispy onion, honey dressing</i>	10

FOOD ALLERGIES AND INTOLERANCES

Please inform a member of staff if you have any food allergies or intolerances or if you require more information regarding the ingredients of the food we serve. Menu items labelled as DFA or GFA can be adapted
 DF(A) = Dairy Free (Available) GF(A) = Gluten Free (Available)
 V = Vegetarian Ve = Vegan

MAIN COURSES

Grilled Gammon Steak (GF, DF) <i>homemade piccalilli, fried eggs, chips</i>	16
Adnam's Beer Battered Haddock (GFA, DF) <i>chips, garden peas</i>	14/20
Scampi (DF) <i>chips, garden peas</i>	16.5
RNSYC Fish Pie (GF) <i>cream sauce, cheddar cheese, mashed potato, greens</i>	21
Sausage & Mash <i>peas, onion gravy</i>	17
Potato Gnocchi (DF) <i>wild mushroom, ragu, fine beans, goats cheese, rocket pesto</i>	20

SIDES 4

Chips (Ve, GF, DF)
Skin-on Fries (Ve, GF, DF)
New Potatoes (Ve, GF, DF)
Seasonal Vegetables (Ve, GF, DF)
Beetroot, Walnut Side Salad (GF, DF, Ve)
Side Salad (Ve, GF, DF)

DAILY SPECIALS & DESSERTS

Available on our
Blackboard

JUST VISITING?

Join as a Club Member and receive fantastic benefits including two free nights' accommodation at the Club each year, discounts on food, drinks, mooring and fuel and the benefit of reciprocal arrangements with Clubs in Britain and around the World.

SANDWICHES

served on farmhouse or granary bread with salad & crisps

BLT (GFA, DFA) <i>bacon, lettuce, tomato</i>	10
Royal Greenland Prawns (GFA, DFA) <i>marie rose sauce</i>	11
Smoked Salmon (GFA) <i>pickled cucumber, crème fraiche</i>	10
Ham & Mature Cheddar Cheese (GFA) <i>homemade chutney</i>	10
Open Smoked Mackerel <i>focaccia, sour cream, watercress, caper berries</i>	11
Open Goats Cheese (V) <i>focaccia, homemade tomato chutney, rocket pesto</i>	11
<i>Upgrade to salad and chips</i>	+2

OMELETTES 12.5

served with chips & side salad

Choice of: ham, cheese, tomato, mushroom or prawn.

